

The RA Connection



Hamza, Minhui, Fidra,
Rory, and Cayenne.

Talk Outline

- What We Did
- The oh-so-horrible problem
- Food Sharing
- The R.A. Connection
- The oh-so-genius solution!

What We Did:

We made a Toolkit for Resident Assistant in order to equip them with the information and supplies necessary to run Food-sharing sponsored events within student accommodation.

Some advice from
the Resident Assistants
Toolkit

Residential efforts can
be made to support the
local community in
the long term.



Some Advice from
SRS guru Alan
Peddie:

“funneling efforts into
existing initiatives is
more productive in
the long term”

Our Research

Stakeholders engaged:	How we engaged:
Students	Survey
Resident	Focus Group
Assistant	Informal
Foodsharing	interview
SRS office	Participatory Design Workshop

Problems

Sustainability:
personal obligation

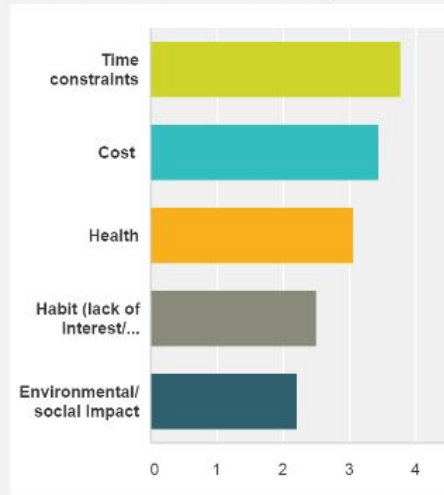
Greener Scotland: avoidable food
waste costs the average
household (one or more people)
£470 a year.



Cost

main concern for students

Fast Hack: second place



Focus Group:
convenience and cost are
mentioned the most



Ideas: connect students with local business through Food Sharing.

Food Sharing Edinburgh: 3500 kg of food roughly two black cabs (about 4000kg).



Food Sharing

[what is it?]

Extra/
Unsold
Food

Food
Sharing
Initiative



Why is Food Sharing Important?

- HALF food wasted in the UK was edible (Love Food Hate Waste)
- 40% Students have gone without food due to money concerns (Student Money Savers)
- Inspiring Student Initiative



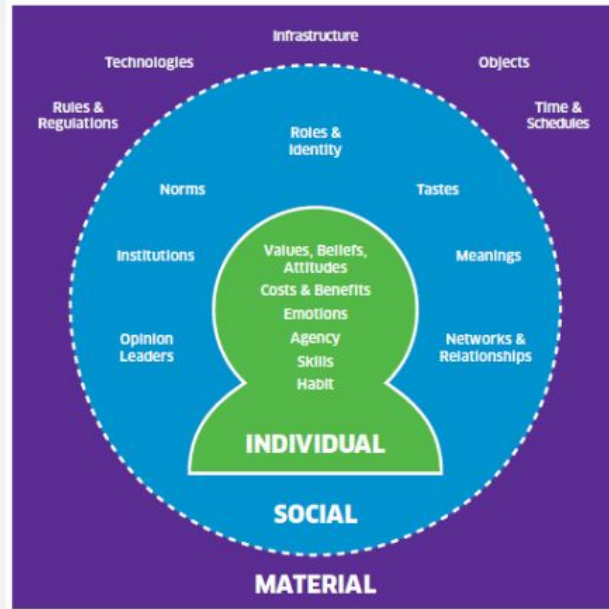
SHRUB

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Changing Behavior



Resident Assistants

over 35 Sites

170 RAs

Obligation

Enthusiasm

"Sustainability event?
Yeah, I have no clue..."

- Kamil, RA

Specific

Measurable

Attainable

Relevant

Time - bound

02

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HOW CAN WE HELP RAs? DO SOME WORK FOR THEM

HANDOUT



POSTERS



EVENT FORMS

Cooking
From
Scraps

Food
Sharing
Month

HANDOUT

Handout about Food Sharing and sustainable cooking

1. What is Food Sharing?

- ◇ a Scottish wide community of people aiming to reduce food waste.
- ◇ based on the highly successful Food Sharing Germany
- ◇ Aims: decrease carbon emissions and improves food security.



2. What are they doing?

- ◇ Food sharing have involved many business and charity groups to help sharing food.
- ◇ Collect food from business which in inevitably cannot be sold



- volunteers with proper health and safety training can help pick up food
- redistribute them to friends, fellow volunteers
- reduce waste resources and greenhouse gas emissions.

EVENT FORM



→reduce waste resources and greenhouse gas emissions.

EVENT FORMS

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POSTERS

**SAVE FOOD
SAVE MONEY**

**STRUGGLING TO MAKE THE MOST OF YOUR FOOD?
FED UP OF READY MEALS?**

We have the workshop for you!
Gain skills and knowledge to get the most from every meal.
Never waste precious food again!

DATE: _____
LOCATION: _____

Social Responsibility and Sustainability | Food Share UK | LOVE FOOD Hate Waste

WHAT IS FOOD SHARING?

Food sharing initiatives intercept the edible food being wasted by businesses and households, and then connect individuals to this excess food. This is an important venture because...

- ◆ 15 Tonnes of food is wasted every year in the UK
- ◆ Of the food that is wasted, half is edible
- ◆ This means 28% of UK agricultural land is used to produce food that gets wasted

Staff and volunteers from Shrub distribute food

--- SHRUB ---
(Food sharing near you!)

Where can I get food?

- ◆ Pick up food every Wednesday in the Meadows
- ◆ Drop off box in the Chaplaincy

Who can get involved?

- ◆ Anyone! Students, community members, travellers...

Where are they located?

13 Guthrie Street
Edinburgh EH1 1JG

MORE INFORMATION:
Interested in becoming a member of Shrub? Or volunteering? Check out their website:
www.shrubcoop.org

CONTACT YOUR RA TEAM WITH ANY QUESTIONS

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Social Responsibility
and Sustainability



Prezi

THE FOOD MONEY

HOW CAN YOU MAKE THE MOST OF YOUR FOOD?
CAN YOU PREPARE READY MEALS?

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Reduce your precious food again!

FOOD SHARING

THE UNIVERSITY OF EDINBURGH

LOVE FOOD hate waste

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