Pimp My Pollock

Luca, Mitch, Michelle, David Data, Design, and Society

Our Presentation

- 1. The Situation
- 2. Data Collected
- 3. The Problem
- 4. Our Objectives
- 5. Our Implementation



Pollock Halls

- Catered residence halls for UofE students
- Serves ~ 2,000 students a day
- Does a great job eliminating food waste

BUT...something is lacking.

Our goal is to build a lively community that fosters positive re-enforcement for sustainable practices

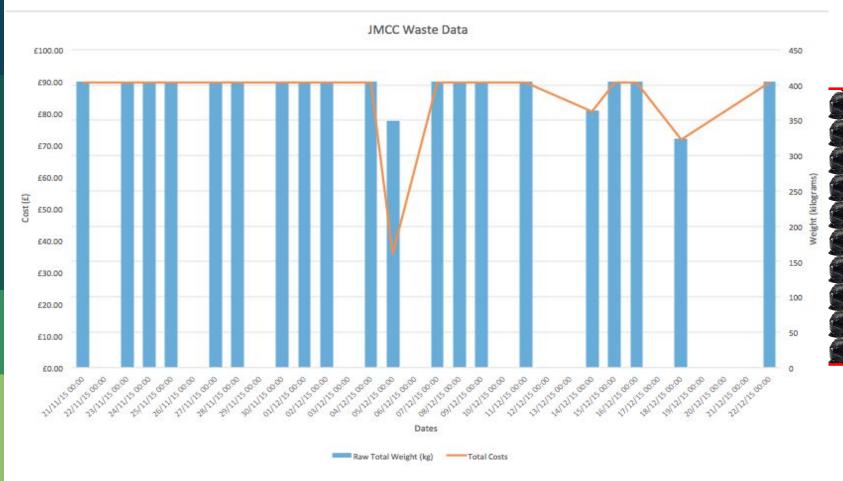


Data Collection

- Datasets
- Staff Interview
- Student Survey
- 1st Focus Group
- Discussion with Alan Peddie
- 2nd Focus Group

Total cost > £2,000

Total weight ≈ 8,000kg





MATHS PROBLEM?

Mars bars weight = 51g 2.5kg/51g = 43.1 Mars bars

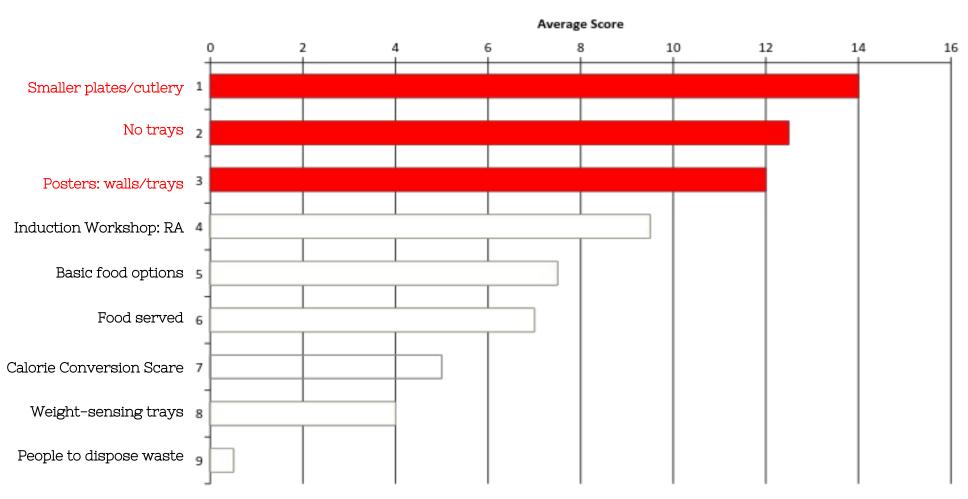
iPad weight = 469g 2.5kg/469g = 5.33 iPad

Coke weight = 394g 2.5kg/394g = 6.35 Cokes



Ideas Preference: Fast Hack

o Focus Group 1 (4 residents)



Ideas Preference: Slow Hack

o Alan Peddie (SRS) o Focus Group 2 (3 RA & 2 residents)



The Problems

Pollock Halls residents

- Lack of awareness about food waste
 "Out of sight, out of mind"
- Do not realize that JMCC actually does a pretty good job dealing with food waste
- Lack of engaging, conversational community to encourage sustainable behavior

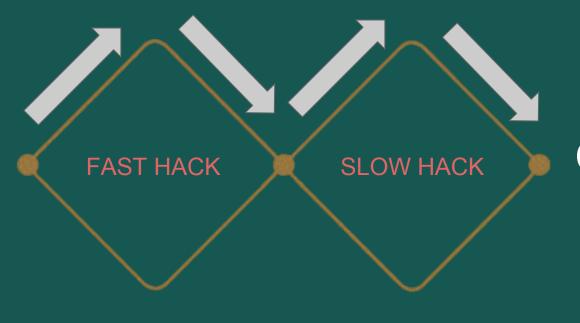
cont.

JMCC Dining Hall's environment

- No way to learn about food waste
- Poor atmosphere
- Empty walls
- Lack of vegetation
- Doesn't make you feel comfortable
- Could be much better!



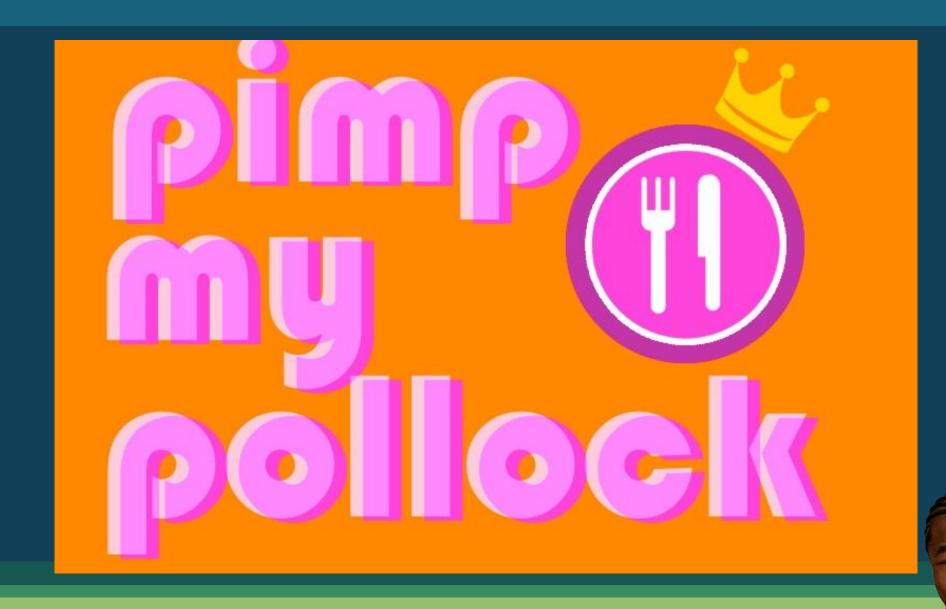
Our realisation



Need to change environment to change student's behaviour

Introducing...

Drum roll please!





Objectives

• Educate Pollock Halls residents about food wastage and sustainability issues

• • •

• <u>Include</u> Pollock Halls residents in a sustainable community to **continue** the conversation **outside** the JMCC

• • •

Change JMCC's image/environment



How?

Video / Presentation

• • •

• Social media – Facebook

• • •

 Redesign the environment in JMCC Dining Hall

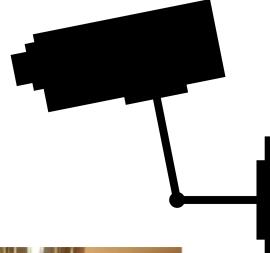
1. Video

short, informative & entertaining

- Played during Freshers week
- RAs and likeable staff members
- Portray inviting environment within JMCC

Goal: provide transparency and influence positive feelings and sense of community







RAISE AWARENESS
ABOUT FOOD
WASTE!



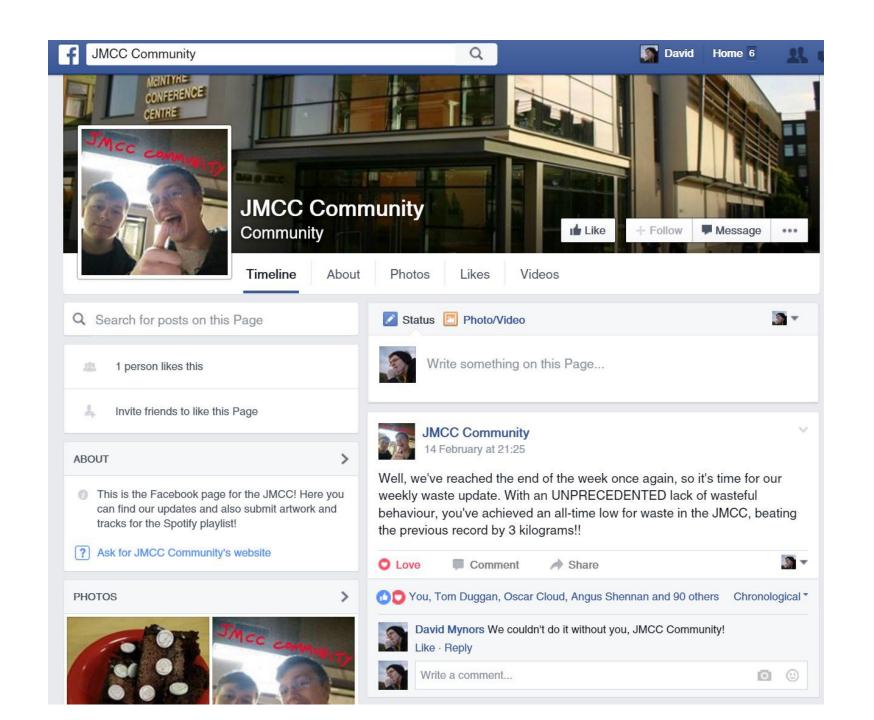
2. Social Media

- FB page, Instagram (eg. SexDrugsJMCC)
- Administered by students
- Positive message, fun and friendly
- Share awareness about food waste
- Build Community
- Provide Ownership





Add a comment...







Environment influences behaviour?

- Cognitive dissonance (Festinger et al., 1959)
- Self-doubt when someone holds two or more beliefs/ feelings toward something
- Result: Change behavior to eliminate tension

3. Redesign JMCC

- Servicescape
 - o Behaviour is influenced by perception of the environment
- Atmospherics Influence Eating Duration (Wansink, 2004)
 - Soft/dimmed lighting
 - increase comfort and disinhibition
 - o Soft Music

 Leads to higher consumption of both food and drink (i.e. food tastes better)

Cont.

- More efficient and informative use of space
- Infographics about food waste & sustainability on walls
- Paint the walls with more inviting colour
- Add plants (because who doesn't like more greenery)





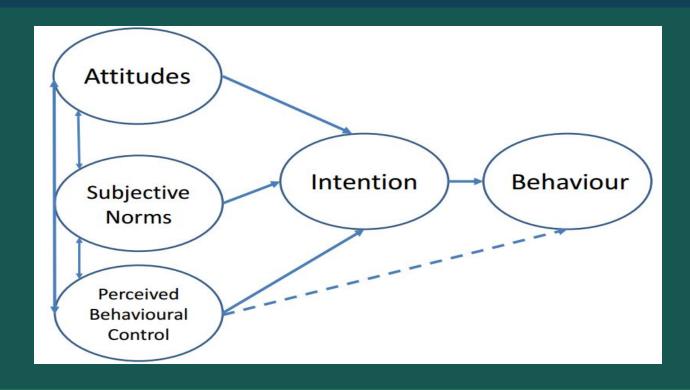


Cont.

- Make JMCC a true
 community hub
- Install **student art** pieces on the wall
- JMCC dinner playlist
 - o Provides ownership of space
- Incentivise wasting less, as waste affects **us**.
 - Once a month student's pick the meals



Theory of Planned Behavior (TPB) Ajzen (1991)



Educate
Involve
Improve = pimp my pollock!

THANK YOU





References

- •Ajzen, I. (1991). The theory of planned behavior. *Organizational* behavior and human decision processes, 50(2), 179–211.
- •Comber, R., & Thieme, A. (2013). Designing beyond habit: opening space for improved recycling and food waste behaviors through processes of persuasion, social influence and aversive affect. *Personal and ubiquitous computing*, 17(6), 1197–1210.
- •Festinger, L., & Carlsmith, J. M. (1959). Cognitive consequences of forced compliance. *The Journal of Abnormal and Social Psychology*, *58*(2), 203.
- •Wansink, B. (2004). Environmental factors that increase the food intake and consumption volume of unknowing consumers. *Annu. Rev. Nutr.*, 24, 455–479.