

# Trayless Dining in Pollock Halls

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# Overview

Who, What, Where?

### The Main Players

#### Producers

The catering staff

#### Retailers

The Pollock Halls catering management

#### Consumers

The people who eat at the JMCC

## Food for 4,000 Is being used to feed 2000 Students

25-30 KG

Worth of food wasted, per night, in previous years

10-15 KG

Wasted, per night, in 2015

88

"All food waste from front of house is fully converted to compost...and is used on the planting around the site...all food waste from the kitchen is fully composted"

Taken from Time to Talk Rubbish at the University of Edinburgh

# Pre Existing Initiatives

Information Boards

Inside JMCC

LoveFoodHateWaste

Resident Assistant-Run

### Student Opinions

- People overestimate how much food they eat
- People are unaware
  - About volume of food wasted
  - Pre Existing food waste initiatives
- Most students do not care about food waste



# Supporting Evidence

Datasets, focus group and our survey

# Focus Group Summary

- Influence their environment to influence behaviour
- Students did not want alterations that would be "aggressive"
- I Taking away trays was the most popular idea



### PD Images



With Trays





### PD Images

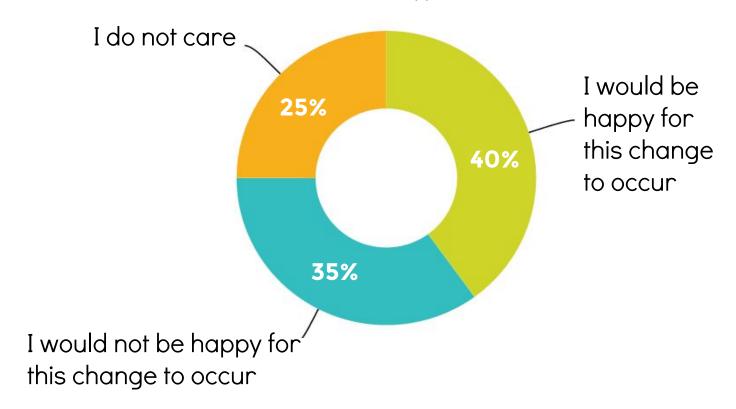


Without Tray



### How would you respond to the removal of trays from all dining locations in order to reduce food waste in Pollock Halls?

Answered: 20 Skipped: 0





### "People take far more food than they'll eat at the moment but if it was harder to carry multiple plates they would think twice"

- 1. **Willing** to have some changes in order to reduce food waste
- 2. Little influence on their dining experience because they are still getting the same product
- 3. Will help make people reflect on how much food they actually need

### **Environmental Impact**



32%

27%

Reduction in food waste

Reduction in dish use

American University, Washington, DC, USA (Kim & Morwaski, 2012)

### **Economic Impact**



4.9%

Reduction in food cost

San Diego State University



### Social Awareness

- Education and awareness of environmental issues
- Reduces "mindless eating" (Wanskink, 2006)



# Contrasting Opinions

Staff contact, student comments



"Multiple trips back and forth from the table to the service area would be required for a full meal. It would be inconvenient."

### **Staff Contact**

- JMCC is **too small** to implement the American systems
- Main challenge is behavioural changes in attitude towards waste from front of house
- Conveyor belt is built for the tray system

"You'd have to have a facility twice the size of the JMCC to go trayless"



# Those are all good points, however...

# Implementation Ideas

#### Trickle-Down

Implementation...the change comes from the environment

#### **Bottom-Up**

Implementation...the change comes from the students



# Trickle-Down Implementation

6 Part Plan

Taken from The Business and Cultural Acceptance Case for Trayless Dining by ARAMARK



1. Keep trays stored but readily available for people who demand one.



### 2. Provide trays for the disabled.



#### 3. Convert staff and employees.



### 4. Feedback is important.



#### 5. Create a smooth transition.



### 6. Audit.



## Bottom-Up Implementation

Staff preferred this...



Focus on the students! Give them the choice and the means to go trayless without physically taking the trays away from the JMCC



### In Conclusion...

# Trays are the solution to the JMCC waste problem because...

SIMPLE AND EASY

REDUCES COSTS

INDIRECT AND SUBTLE

Any questions?